



CHICORY ROOT

Botanical Name: Cichorium intybus

Common Name: Kasni, blue daisy, blue dandelion, blue sailors, blue weed, bunk, coffeeweed

Medicinal part: Root

Description: Common chicory, *Cichorium intybus*, is a somewhat woody, perennial herbaceous plant of the dandelion family Asteraceae, usually with bright blue flowers, rarely white or pink. It lives as a wild plant on roadsides in its native Europe, and is now common in North America, China, and Australia, where it has become widely naturalized. "Chicory" is also the common name in the United States for curly endive (*Cichorium endivia*); these two closely related species are often confused.



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